



**Sugati Publications Product 4--Booklet**  
***Coping with Sexual Assault, Adult, Braille Version (12 x 12)***

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**Adult, Braille Version**  
**For Persons with Visual Impairments**

**Excerpts from the booklet**

Keep in mind, just like any other crime victim, you deserve to have treatment and assistance available to you after the sexual assault. This booklet has specific information for rape victims with visual impairments. Remember, you do not have to deal with this alone.

The Americans with Disabilities Act of 1990 (ADA) applies to most public and private agencies. This includes: hospitals, police departments, courts and counseling centers. These agencies should be able to assist with additional accommodations to help you get the services you might need in the aftermath of a sexual assault...ask if there is anyone on staff with experience working with persons with disabilities, particularly visual impairments.

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**Additional resources in Braille and audiotape**

Rights and Respect: What you need to know (Kathryn Gay) BR10656

Secret Scars: A Guide for Survivors (Cynthia Tower) RC 29366

Voices of Rape (Janet Bode) BR 08833

National Library Services for Blind and Physically Handicapped (202) 707-5100

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**For persons with visual impairments**

Getting assistance under the Americans with Disabilities Act

**Understanding sexual assault and sexual violence**

Emotional concerns and reactions after the crisis

## **Table of Contents (continued)**

### **Medical concerns**

- General information about seeking medical care
- Information about pregnancy and sexually transmitted infections
- Alcohol and other drugs in sexual assault and ‘date rape’ drugs

### **Legal concerns**

- Reporting the crime
- The investigation
- Evidence collection
- Polygraph and voice stress tests

### **The court process**

- The arraignment
- Preliminary hearing
- Grand jury
- The trial
- Sentencing
- After the trial

### **Other concerns**

- Accompaniment and support (through the criminal justice process)
- Bond and harassment concerns
- HIV test for the perpetrator
- Plea bargaining
- Tips for testifying in court
- Civil law suits
- Victims’ rights

### **If it has been awhile since the sexual assault**

- Information for survivors and family members
- Emotional recovery and related issues
- Concerns about family and friends

### **Where to go for help and more information**

- State sexual assault coalitions and crime victims compensation programs
- Directory of national programs and resources
- Additional resources in books, audiotapes and on the internet

### **Further resources in Braille and audiotapes**

### **Definitions of common terms**

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